



## Everything **Facelift**

*Your Weekly Newsletter by  
Dr. Nicholas Sieveking*

### **Am I Ready for a Facelift?**

This is a great question I hear nearly every day. Over the past 25 years, I've performed facelift procedures on patients ranging from age 35 to 88. So, the answer isn't necessarily about age—it's about physical signs of aging (whether age-related or inherited) and personal readiness.



*44 year-old SPS patient received facelift, endoscopic brow lift, chin implant, fat grafting to lower eyes with skin pinch excision (pictured before and one year after surgery)*

To determine if a patient is ready for a face and neck lift (and other facial procedures), I explore two essential questions:

- 1.) Have the physical signs of aging progressed enough that non-invasive treatments (lasers, chemical peels, injections, etc.) will no longer yield satisfying results?
- 2.) Is the patient emotionally, psychologically, and financially ready for surgery?

If the answer to both is yes—it's time to consider a facelift.

### **Search for Honest Answers**

Many dermatologists and aestheticians—who cannot offer surgical lifting—may claim that lasers or fillers can deliver “facelift-like” results. This is absolutely false.

- Fillers can plump, but they don't lift. Overuse can lead to an unnatural, "pumpkin-like" appearance.
- Lasers improve texture and tone, but cannot tighten sagging cheeks or neck bands.

Only a facelift can restore the three foundational layers affected by facial aging. If you're being sold thousands of dollars in Botox, fillers, and lasers, consult with a board-certified plastic surgeon who offers both surgical and non-surgical options—so you can get honest advice.



### What a Facelift Can and Can't Do

A facelift can make you look 15–20 years younger, but it doesn't improve skin quality. That's where lasers and chemical peels come in.

These treatments work by stimulating collagen production through controlled, precise resurfacing. The result? Smoother skin, fewer wrinkles, and a visibly younger skin texture.

Combining facelift surgery with laser skin treatments yields the most dramatic and long-lasting rejuvenation—and at Sieveking Plastic Surgery, we have all the latest technology to deliver that.



# Important Considerations



## Recovery

Most patients see noticeable improvement within 2 to 3 weeks, with minimal swelling or bruising. Full results continue to evolve over 4–6 months. At 3 weeks, you'll feel confident—and at 3 months, you'll feel ecstatic.



## Risks

While complications are rare in experienced hands, they may include scarring, hematoma, or nerve injury. Choose your surgeon wisely—you only get one chance at your best, most perfect result.



## Costs

At our practice, facelifts start around \$25,000 and can exceed \$50,000 when combined with other procedures such as eyelid surgery, brow lift, or rhinoplasty. This reflects the surgeon's experience and case complexity.



*62 year-old neck lift patient (pictured before and one year after procedure)*

## Scars & Results

Your incisions are hidden discreetly inside and behind the ears, even invisible in a ponytail. We ensure earlobes remain natural—never “pixie” shaped or pulled.

## Longevity

- Healthy, resilient skin = results that last 10–14 years.
- Thinner or sun-damaged skin = may need touch-ups after 5–7 years.

Ongoing skincare, lasers, and peels will extend the life of your facelift.

### **Pain Level**

Most patients are surprised by how little pain they experience. Pain meds are typically only needed for the first 1–2 days.

## **Special Offer**

**Reference this newsletter and receive 50% OFF Dr. Sieveking's revolutionary skin formula: BIO-KANA.**

A proprietary blend of:

- 4% Microencapsulated Retinol
- CBD from Hemp
- Hydrolyzed Collagen

It's a one-of-a-kind formula—available only from Dr. Sieveking.

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